



Welcome to Penida Colada, more than just a chill out beach bar.

Since 2015 Penida Colada has been renowned as the most happening venue on the island. Serving up sustainably sourced food, a tempting selection of cocktails and regular live music by the sea. All wrapped warmly in genuine Balinese hospitality. The menu is fresh and flavourful, featuring seasonal produce from local fishermen and farmers.

Owned and operated by Nusa Penida locals, we are dedicated to fostering skills development within our community by providing on the job training to new school graduates and tourism students.

We honor Balinese culture by closing on significant ceremonial days.

We support local farmers and fishermen by featuring seasonal produce on our menu. Dragonfruit, cashews, cassava, rosella, real sea salt, hand-made coconut oil and line-caught fish to name just a few.

If you'd like to help keep the Island clean by collecting a bag of trash, we'll give you free coffee! It's just one of our initiatives to #greenpenida

Ask us for an #insidertip for exploring the island, and let our team's deep local knowledge guide you to hidden gems and extraordinary experiences.

Nusa Penida is a magical place. Somewhere time stands still. Celebrate Nusa Penida's timeless beauty with us.

Thank you - Terima Kasih - Suksma

with Love,  
Ibu Liza & Pak Wayan

leave your review



*thankyou*

OPEN HOURS 8am-11pm daily  
[www.penidacolada.com](http://www.penidacolada.com)  
Socials @penidacolada  
E [admin@penidacolada.com](mailto:admin@penidacolada.com)



# brunch

until 4pm

If you have allergies or you're on a time restriction please let us know when you order.  
Please talk to our friendly staff to help make your dining experience a memorable one.

**BANANA CHOC MUFFIN** 40k

**TROPICAL FRUIT SALAD (gf/v)** 65k

add natural homemade yoghurt +10k  
add coconut cream | chia seeds + 10k ea

**BREAKFAST TOAST (vo)** 55k

2 slices wholewheat toast, butter,  
strawberry jam or peanut butter

**COCONUT CREPES** 55k

2 bali-style coco-pandan crepes  
"dadar gulung" ,grated coconut,  
brown sugar syrup, vanilla ice cream

**PINK DRAGONFRUIT PANCAKES** 60k

3 fluffy pink pancakes, dragonfruit, strawberries,  
banana, vanilla ice cream, caramel sauce

**MANGO SMOOTHIE BOWL** 70k

blend of frozen mango, frozen banana,  
chia seeds, honey granola, coconut cream,  
seasonal fruits

**PEANUT BUTTER BOWL (v)** 65k

frozen banana blended with peanut butter,  
coconut cream, peanuts, dark choc granola,  
chia seeds, seasonal fruits

**CHEF'S OMLETTE** 75k

2 eggs, cheddar, sundried tomato, onion,  
mushroom, sourdough, homemade tomato sauce  
**add** skillet baby potatoes | baked beans +15k ea  
**add** fetta cheese +15k  
**add** bacon | avocado + 15k ea

**CLASSY AVOCADO (vo)** 75k

smashed avocado, sourdough, cashew-nut pesto,  
cherry tomato,feta  
**add** egg +10k  
**add** bacon | feta | mushrooms + 15k ea

**BAGEL SALMON CREAM CHEESE** 95k

smoked salmon, cream cheese, dill,  
red onion, capers

**EGGS BENEDICT** 105k

(BACON OR SALMON)  
english muffin, baby spinach, 2 poached eggs  
hollandaise sauce, skillet baby potatoes  
**add** avocado | mushrooms +15k ea

**EGGS ANY WAY** 55k

2 eggs (poached, fried or scrambled)  
sourdough, homemade tomato sauce  
**add** avocado | mushrooms | bacon +15k ea  
**add** skillet baby potatoes | mushrooms +15k ea

**BREAKFAST BRIOCHE** 80k

bacon, cheddar, avocado, tomato, brioche roll,  
house aioli

**BACON, EGG & CHEESE TOASTIE** 80k

bacon, egg, cheddar, smokey barbeque sauce

**PESTO CHICKEN OPEN GRILL** 90k

pesto, chicken, sundried tomato, mozzarella,  
rucola, ciabatta

## ADD ONS/ EXTRAS

egg   grilled tomato	10k
bread   bacon  avocado   mushroom   butter	15k
baked beans   feta   skillet baby potatos   pesto	15k
smoked salmon	35k

(v) = vegan (vo) = vegan option (gf) = gluten free

All meals are served as per our menu. Sorry, no changes!  
All prices in '000 Rp. All prices are subject to 8% service and 10% government tax



# appetisers

If you have allergies or you're on a time restriction please let us know when you order.  
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<b>PEANUTS (v/gf)</b> nusa penida produce, salted and roasted	40k	<b>3 DIPS (v)</b> cassava bread, vegan cashew-nut pesto, olive tapenade, toum garlic sauce	80k
<b>CASHEW NUTS (v/gf)</b> island-grown, lightly fried and salted	55k	<b>BRUSCETTA (v)</b> tomato salsa, cassava bread, garlic	45k
<b>CASSAVA WEDGES (v/gf)</b> 'singkong goreng" a nusa penida specialty. Isea-salt, sambal matah (balinese lemongrass sambal)	60k	<b>HUMMUS PLATTER (v,gf)</b> hummus, celery, carrot, cucumber, tortilla chips	55k
<b>HAND CUT CHIPS (vo/gf)</b> w/ house aioli, or (v) tomato sauce	45k	<b>BBQ CAULIFLOWER WINGS (v)</b> bite-sized cauliflower, bbq sauce, toum garlic dip	55k
<b>EDAMAME (v/gf)</b> blanched and sprinkled with sea salt	45k	<b>CALAMARI RINGS</b> calamari, tartar sauce, rocket, lemon	70k
<b>SWEET POTATO FRIES (v/gf)</b> chunky hand-cut sweet potato, coriander sea salt, toum garlic sauce	55k	<b>PRAWN SUMMER ROLLS</b> ricepaper rolls (2) vegetables, garlic prawns, peanuts, coriander, nahn jim dressing	70k

# salads

<b>BUDDHA BOWL (v,gf)</b> warm rice, quinoa, fried tempeh, grilled corn, salad, edamame, cashew-nut pesto, hummus	80k	<b>GREEK SALAD (gf)</b> cucumber, olives, fetta, coriander, cherry tomato, spanish onion, balsamic dressing <b>add</b> grilled chicken - 25k	80k
<b>GREEN GOODNESS BOWL (v,gf)</b> quinoa, avocado, asparagus, broccoli, celery, baby romaine, cashews, cashew-mint dressing	80k	<b>GARLIC PRAWN SALAD (gf)</b> garlic prawns, garden salad, avocado, rocket, mint, quinoa, honey mustard dressing	95k
		<b>CRUMBED FISH NICOISE SALAD</b> crumbed fish, herbed anchovie french dressing, basil, beans, egg, baby potato, olives	95k

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# mains

12pm - 10pm

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## indonesian

**IKAN BAKAR** 120k  
Grilled Fish Fillet, lemongrass sambal, pickled cucumber salad, organic red rice or white rice.  
Whole fish available -please ask.

**GRILLED OCTOPUS (seasonal)** 120k  
locally caught, grilled, green beans, cherry tomato, baby potato

**UDANG BAKAR MADU** 125k  
5 Honey King Prawns skewered and grilled, pickled cucumber salad, organic red rice or white rice.

**SATAY LILIT** 105k  
Balinese tuna fish satay grilled on lemongrass stick skewers, local herbs, 'urab' steamed vegetable salad, peanuts, lemongrass sambal.  
organic red rice or white rice

**SOTO AYAM** 85k  
Indonesian style chicken broth, rice noodles, cabbage, shredded chicken, tomato, potato, boiled egg

**COCONUT FISH CURRY** 120k  
Indonesian-style fish curry.  
coconut, lemongrass, shallot, tomato, chili.  
organic red rice or white rice

**SATAY AYAM** 90k  
flame-grilled chicken satay skewers, sweet peanut sauce, pickled cucumber salad, organic red rice or white rice

**JACKFRUIT RENDANG BURRITO (v)** 80k  
Indonesian-fusion burrito, pulled jackfruit, Indonesian spices, brown rice, salad, peanut satay sauce

## international

**TEMPE BURGER (v)** 80k  
fried tempe, vegan cashew-nut pesto, salad, hummus, tomato relish, sweet potato fries

**BEEF BURGER** 95k  
homemade beef patty, cheese, mayonnaise, tomato relish, salad, charcoal bun, sweet potato fries

**CHICKEN AVOCADO BURGER** 90k  
grilled chicken breast, avocado, cheddar, onion, salad, burger bun, spicy mayo, tomato relish, sweet potato fries

**CHICKPEA CURRY (v/gf)** 75k  
fragrant mild coconut cream curry with kafir lime, fresh coriander, ground paprika, organic red rice or white rice

**NAPOLITANA SPAGHETTI (vo)** 75k  
spaghetti w/ homemade tomato & basil sauce, parmesan cheese & garlic bread

**FISH AND CHIPS** 95k  
beer battered fish, hand cut chips, Indo-style pickled cucumber salad, tartar sauce

**GARLIC PRAWN AGLIO e OLIO** 105k  
spaghetti, prawns, garlic, olive oil, chilli, basil,

**FISH TACOS** 105k  
3 hard shell tacos, crumbed fish, cabbage, mango salsa, cheese, jalapeno, orange mayonnaise

**CHICKEN TACOS** 95k  
soft shell tacos, grilled chicken, lettuce, tomato salsa, tamarind mayonnaise, cheese, jalapeno, side salad

**CHICKEN CURRY** 90k  
mild coconut cream curry, kaffir lime fresh coriander, ground paprika, organic red rice or white rice

**CHICKEN, ASPARAGUS, PESTO PASTA** 95k  
spaghetti with grilled chicken, asparagus, cashew-nut pesto and cherry tomato

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# desserts

Get yourself a snack. Something sweet. To finish off. You deserve a treat.  
If you have allergies please let us know. Many (but not all) of our desserts contain nuts.

## BAKED BLUEBERRY CHEESECAKE

60k

## CHOCOLATE CHIA MOUSSE (v, gf)

creamy vegan chocolate chia mousse

50k

## FRIED BANANA (PISANG GORENG)

indonesian-style fried banana, vanilla ice cream, brown sugar syrup

45k

## SNICKERS TART

biscuit base, gooey caramel, chocolate mousse, peanuts

65k

## CHOCOLATE BROWNIE

served warm with vanilla ice cream

65k

## VEGAN MARZ NO-BAKE NUTCREAM CAKE (v,gf)

choc-caramel vegan cheesecake in a cup. contains nuts

60k

## VEGAN CARAMEL SLICE (v)

caramel, vegan chocolate, peanut butter, biscoff base

60k

## SNICKERS PEACE POP (v,gf)

vegan chocolate 'nice-cream' on a stick, gooey caramel, peanuts, raw chocolate

60k

## SALTED CARAMEL PEACE POP (v,gf)

vegan coconut 'nice-cream' on a stick, chewy salted caramel, raw chocolate  
contains nuts

50k

## COCO RASPBERRY PEACE POP (v,gf)

vegan coconut 'nice-cream' on a stick, sweet & sour raspberry chunks, raw chocolate

50k

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Rehydrate and refuel  
with nature's own  
ingredients!

## fresh juices 40k

### FRESHY SQUEEZED ORANGE JUICE

ABCG apple, carrot, beet, ginger

WHOLE YOUNG COCONUT

HOMEMADE LEMONADE

PAPAYA TIME papaya, lime

APPLETEASER apple, ginger, carrot

MELANDARIN watermelon, mandarin, lime

COOL MELON watermelon, lime

CITRUS TONIC turmeric, orange, honey, lime

CASUAL GREENIE apple, cucumber, celery, lime

VEGE JUICE tomato, carrot, celery, cucumber

## smoothies 45k

BLUE SMOOTHIE banana, blueberry, mint

GREEN SMOOTHIE banana, spirulina, mint

DRAGONFRUIT SMOOTHIE dragon fruit, banana

NUTTY BANANA banana, coconut milk, peanuts

EASY TROPICAL pineapple, coconut milk, lime

SUNSET IMMUNITY orange, banana, pineapple

STRAWBERRY MINT strawberry, mint, yoghurt

## ...but first, coffee

oatmilk | soy | almond | coconut milk | extra shot | 10k

ESPRESSO 30k

DECAF 40k

DOUBLE ESPRESSO 40k

LONG BLACK 35k

CAPUCCINO 35k

FLAT WHITE 35k

LATTE 35k

MOCHA 35k

MACCHIATO 35k

AFFOGATO 35k

ICED COFFEE 35k

ICED FRAPPACINO 35k

BALI COFFEE 30k

## mineral water

still or sparkling

380ML 25k

750ML 40k

## milkshakes

w real fruit + vanilla ice-cream

banana/strawberry/mango/dragonfruit/blueberry

1 FLAVOUR 40k

2 FLAVOURS MIXED 45k

## tea... and more

MATCHA CHAI LATTE 35k

BEETROOT CHAI LATTE 35k

ORGANIC RAW BALI HOT COCOA 35k

IMMUNITY JAMU INDONESIAN HERBAL TEA 35k

ENGLISH BREAKFAST TEA 30k

EARL GREY TEA 30k

FRESH GINGER + LEMONGRASS TEA 30k

GREEN TEA 30k

ROSELLA FLOWER TEA 30k

CHAMOMILE HERBAL TEA 30k

ICED DRAGONFRUIT KOMBUCHA 30k

ICED TEA SARIWANGI 30k



# beer & wine

## wine by the glass

First, choose your wine. . .

TWO ISLANDS SAUVIGNON BLANC  
TWO ISLANDS CABERNET MERLOT  
TWO ISLANDS PINOT GRIGIO  
TWO ISLANDS CHARDONNAY

Then, choose your pour. . .

rock pool = 150ml	130k
high tide = 200ml	170k
king tide = 250ml	210k
breaker = 300ml	250k

## beer & cider

ISLAND BREWING PILSNER	60k
ISLAND BREWING SUMMER PALE ALE	70k
ISLAND BREWING SMALL HAZY IPA	80k
KURA KURA ISLAND ALE	80k
KURA KURA LAGER	70k
ALBENS ORIGINAL APPLE CIDER	60k
BALI CIDER	60k
SAN MIGUEL PILSNER	50k
SAN MIGUEL LIGHT	60k
SMALL BINTANG	45k
LARGE BINTANG	65k

## wines by the bottle

Two Islands Sauvignon Blanc, Bali	550k
Two Islands Cabernet Merlot, Bali	550k
Two Islands Pinot Grigio, Bali	550k
Two Islands Chardonnay, Bali	550k
Hatten Tunjung Brut, Bali	620k
Hatten Jepun Sparkling Rose, Bali	620k
Santa Julia Sparkling Rose, Argentina	850k







Happy Hour 2-for-1  
signature cocktails  
from 4-6pm!!

## imported spirits

on the rocks

	single	double
<b>RUM</b>		
Bacardi, Captain Morgan	90k	165k
Cachaca White, Myer's Dark	110k	200k
<b>VODKA</b>		
Smirnoff, Absolut	110k	200k
<b>GIN</b>		
Gordon's Dry	90k	165k
<b>WHISKEY</b>		
Jameson, JW Red or Black Label	110k	200k
Chivas Regal	150k	290k
<b>BOURBON</b>		
Jim Beam, Jack Daniels	110k	200k
<b>TEQUILA</b>		
Jose Cuervo Reposado	130k	250k
<b>mixers</b>		
<b>SOFT DRINKS</b>		40k
<b>ORANGE JUICE</b>		40k

## signature cocktails

### 110k

**PENIDA COLADA**  
rum, pineapple, coconut, lime, pandan

**DRAGONFRUIT DAIQUIRI**  
rum, dragonfruit, lime

**MANGO FURY**  
rum, mango, lime, chili

**PENIDA SUNSET**  
tequila, watermelon, lime, rosella

**COCO-LIME MOJITO**  
rum, mint, lime, lemongrass, coconut jelly

**COFFEE COLADA**  
vodka, espresso, coconut

**VANILLA GIN+TONIC**  
gin infused with real vanilla bean

**PYNK LADY**  
gin, lime, grenadine, egg-white

**JAMU JAR**  
gin, turmeric, lime + butterfly pea flower

**SPICY MARGARITA**  
tequila, triplesec, basil, chilli, lime

**MINT TEASE**  
gin, mint, lime

**DRAGONFRUIT SOUR**  
vodka, lime, dragonfruit, egg white

**WHITE PINEAPPLE PUNCH**  
white wine, fresh pineapple juice

classic cocktails are available on request  
starting from 135k

## mocktails

### 60k

2-for-1 from 4-6pm

**CHIA MINT PASSION**  
mint, cucumber, chia seed, lime and tonic

**BLUEBERRY DELIGHT**  
blueberry, lime, mint, soda

**SUNNY MANGO BERRY**  
mango, blueberry, strawberry, lime